Principal’s Message

Dear Parents and Caregivers

PUNCTUALITY

Please try to ensure that your children arrive at school in time to get themselves organised for the day. Starting school, as many classes do, with the teacher marking homework or listening to their reading before the bell, is a good way to start the day but getting to school after the bell makes the child anxious and they will generally miss out on important instructions. There will be occasions when it is not possible to get to school on time but parents must try to make these times as rare as possible. I have included the following advice from a Parenting magazine:

Do you dread getting your kids out the door in the morning? Are your weekday mornings filled with kids throwing clothes, refusing to eat and begging to watch TV? Don’t worry...you are not alone!

Getting your children out the door in the morning can be a major challenge for parents. By 8am, parents are left feeling stressed, tired and angry. Sticking to a routine and prepping the night before can save a lot of time and stress, but for many parents, it is impossible to get out the door without nagging and yelling. Here are six ideas that will make getting ready in the morning a more positive experience and will also get everyone out the door on time.

1. Music Playlist. Create a playlist of your child’s favourite songs. Every task [use the bathroom, get dressed, eat breakfast] is connected to one song and must be completed by the time the song is over. Your kids will happily sing along; just make sure they don't get distracted having a dance party.

2. Checklist. Sit with your child and create a checklist of morning activities. Include your child in the creation of the list. Allowing her to participate will show her that her opinion is important and also help her understand what is expected of her in the morning. Many children respond to checklists because they can see what they need to do and feel in control of the situation. Children will feel empowered when they can check off each item in their morning routine.

3. Make Believe. Some children respond to seeing the morning routine played out with stuffed animals. On the weekend or the night before, act out the morning routine with a parent and child stuffed animal. Play out the scenario with you as the parent and then switch and allow your child to be the parent. You can add some humour to the scenarios. Some children need to act out situations through dolls in order to work out their feelings.

4. Beat the Timer. Some kids respond very well to timed situations.

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2015 Uniform Shop Opening Time

The Uniform Shop will be open every Tuesday from 8:30am - 9:30am only. Thank you to the volunteers who offer their time to run the shop.

2015 Contributions

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Westminster Junior Primary Calendar Dates

- **Monday 23rd March**: Combined School Assembly, hosted by Westminster Primary School.
- **Wednesday 25th March**: Dads, Grandads & Uncles BBQ Barry Britton Reserve Balga.
- **Sunday 29th March**: P&C Sausage Sizzle Fundraiser at Bunnings Balcatta.
- **Tuesday 31st March**: Protective Behaviors Parent Workshop hosted by the CPC Westminster.
- **Thursday 2nd April**: Easter Bonnet Parade.
- **Thursday 2nd April**: Last day of Term 1 2015.
- **Friday 3rd April**: Good Friday (School Closed).
- **Monday 20th April**: Staff Development Day. SCHOOL CLOSED FOR ALL STUDENTS.
- **Tuesday 21st April**: Term 2 Commences.
Make a game out of racing around the house to get ready and challenge your child to beat the timer in his morning tasks. If you have more than one child, they can race against each other. Fastest score wins!

5. Dress Up. For the fashionista child, let her play dress up the night before and choose her outfit. Put any clothing you don’t want her wearing to school in a different area than the school clothes. This way she doesn’t spot her favourite Frozen dress in the morning, put it on and refuse to go to school in anything else.

6. Rewards. Kids respond to rewards and positive reinforcement. Tell them if they get ready by a certain time with no fights, they will be rewarded on the way to school or a surprise reward will be placed in their lunchbox. If they do not comply, they are not rewarded.

Getting your kids ready in the morning does not have to be a chore or a reason for tears. Make the morning routine a fun experience for your kids and start the day with smiles.

Even if you choose one of these suggestions it may help.

**ASSEMBLIES**

For those who attended our first assembly you will have noticed a slight change in format. The three Westminster Primary Schools are trialling a change to the way we have our assemblies this year. We have decided to have a combined assembly with all three schools twice a term. The Senior School will be responsible for one assembly and the Junior School for the other. The format will be according to whichever school is running it. We see this as a way for children and parents to understand a little better about what is happening in the other campuses.

**SCHOOL GATES REMINDER**

A reminder that there is a no parking sign in the driveway on the school gate on Ungaroo Road. So please no parking in front of the gate.

Our school gate at Marloo Road next to the Child and Parent Centre will be closed at 3.20pm sharp every day for safety reasons.

Thank you

**Chris Flynn**
**Principal**
(08) 9349 4290
chris.flynn@education.wa.edu.au

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**News**

**P & C Annual General Meeting (AGM)**

On the 16th March the P&C Annual General Meeting (AGM) was held and the following people were voted on the Committee:

- Helen Notis - President
- Paul Kopellis - Vice President
- Norman Gibbons - Treasurer

The position of Secretary remains vacant. If you are methodical, impartial, persistent and want to be aware of the legal and constitutional requirements of the P&C, then you are perfect for this role. If you wish to nominate, for Secretary, please leave your name and details at the Canteen by Monday 30th March.

We also thank all those parents who attended the AGM and supported their P&C

**Bunnings Sausage Sizzle - Sunday 29th March**

The P&C are organising a fundraising Sausage Sizzle at the Balcatta Bunnings Warehouse on Sunday 29th March between 7.00am to 5.00pm. We are looking for as many volunteers to help throughout the day. If you are available for an hour or two, please contact Helen or Norman on 9349 3705. For this event to be successful we need your help and all funds raised from this event will go towards resources for our Schools.

**Easter Raffle at the Canteen**

The P&C are holding an Easter Raffle for the ESC, WJPS and WPS through the Canteen. We are asking the children from our Schools to donate an Easter Egg at the Canteen from now until Friday 27th March. The more eggs that are donated the more baskets we can make. The raffle will cost $1.00 per ticket and will be drawn between 31st March to 2nd April.

So hop along to the Canteen with your donation!
Community Events

Dads, Grandads, Uncles... bring the kids and join us for a BBQ

When: Wednesday 25\textsuperscript{th} March
4pm-6:30pm
Where: Barry Britton Reserve, Corner Balga Avenue and Keenmore Drive, Balga

Free BBQ
Giveaway bag to take home
Free children’s activities

Parent Workshop

Protective Behaviours

Helping your children to develop personal safety skills.

We have the right to feel safe at all times.
We can talk with someone about anything, no matter what it is.

Facilitator: Rebecca Forte, Department of Local Government and Communities, Parenting WA
Date: Tuesday 31\textsuperscript{st} March
Time: 12:30-2:30pm
Location: Child and Parent Centre Westminster, 24 Marloo Road, Westminster
Crèche: Free

Bookings Essential
To register phone Parenting WA, Mirrabooka, on 9207 5303 or Child and Parent Centre Westminster on 9440 1097.

Supported by: Department of Local Government and Communities, Parenting WA
In partnership with
Westminster Junior Primary School
Year 1 Room 9, 10 and Room 11 Hillarys Marine Park Excursion