Healthy Eating
As a school, we are very keen to promote healthy eating. Healthy foods allow children to:
- Grow and develop
- Concentrate
- Have the energy to play and participate in all school activities

I would like to remind parents that it is not appropriate for students to bring chocolates or lollies to school. We also remind parents that ‘junk’ foods are not good choices for school lunches and should be kept to a minimum.

Parents and carers can support healthy food and drink choices. When making lunches at home:
- choose a variety of foods
- include bread, wholegrains, rice, pasta or noodles (try whole grain for extra goodness)
- include milk, cheese or yoghurt
- include some meat, fish, chicken, eggs
- go for 2 (fruit) and 5 (vegetables)
- choose water as a drink

For more information on lunch box food, visit the Meerilinga Lunch Box World website meerilinga.org.au Nutrition Australia website nutritionaustralia.org or phone 6304 5714 Heart Foundation website heartfoundation.com.au Policy and standards for healthy food and drinks in public schools, http://det.wa.edu.au/healthyfoodanddrink/detcms/portal/

Harmony Day
Our school is celebrating Harmony Day on Monday 21st March. Harmony Day celebrates Australia’s cultural diversity. It is about inclusiveness, respect and a sense of belonging for everyone.

Our school will celebrate by having Harmony Day activities in class and by having a dress up day. Students are encouraged to dress in the costumes from their own or other cultures.

Ms Jo Hine
Principal
Contributions and Charges

Voluntary contributions can be directly deposited to the schools account details provided:

ANZ
Account name – Westminster Junior Primary School
BSB 016-464
Account No. 3409-52059

Kindergarten $50
Pre Primary to Yr 3 $25

All families who pay contributions, will go into the raffle to win a voucher to spend at IGA Westminster.

Kindergarten and Pre Primary Enrolments

Applications and enrolment forms are now available from the Front Office. See the table below to find out when your child can start school.

<table>
<thead>
<tr>
<th>My Child Was Born Between</th>
<th>My Child Can Start Kindergarten in</th>
<th>My Child Can Start Pre-Primary in</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 July 2010 to 30 June 2011</td>
<td>2015</td>
<td>2016</td>
</tr>
<tr>
<td>1 July 2011 to 30 June 2012</td>
<td>2016</td>
<td>2017</td>
</tr>
<tr>
<td>1 July 2012 to 30 June 2013</td>
<td>2017</td>
<td>2018</td>
</tr>
</tbody>
</table>
Community News

Women's Group
Mirrabooka Neighbourhood Mother’s Project
A women’s group that meets for friendships, improving parenting, family relationships, health and well-being. Childrens activities, crèche, rhyme time and volunteering networks to help settle you in the community.
(for mothers who have children up to 12 years old and Australian residency of less than 10 years)

When: Every Friday during school term
Time: 10:00 am to 1:00pm
Herb Graham Centre
Room 1 (MMC1)
39 Ashbury Crescent, Mirrabooka 6061
To register call:
Sally @ ishar 9345 5335

Westminster Aboriginal Playgroup
A playgroup for children aged 0-4 years and their parents/caregivers.

Enjoy playtime with your little ones and have a yarn and a cuppa.

When: Fridays in School Term
Time: 9:30am to 11:30am (morning tea provided)
Where: Child and Parent Centre – Westminster
24 Marlo Road, Westminster

To register your interest and to find out more please call Child and Parent Centre – Westminster on 9440 1097.

Let's Connect
Come along and meet other local families

The Child and Parent Centre – Westminster will hold a new group for parents and carers to connect, chat, cook together, share lunch, knit or do craft – just bring along whatever you’d like to do - while your children play.

Date: Every Friday during school term
Time: 12.30pm to 2.30pm
Location: Child and Parent Centre – Westminster,
24 Marlo Road, Westminster

Children must be supervised by a parent or guardian.

For more information please telephone 9440 1097 or drop in to the centre Monday to Friday, between 9.30am and 4.00pm.
The Uniform Shop will be open every Tuesday from 8:30am to 9:30am in the Undercover Area.

### Westminster Primary Schools P&C Current Uniform Price List

**30 Marloo Road, Westminster 6061**  
Tel: 9349 3705 canteen

The dress code for the Junior & Senior Schools is yellow (gold) T-Shirt, Royal Blue Shorts, Skirts. (Royal Blue Long Pants also acceptable, but not stocked)

#### Customer Information

<table>
<thead>
<tr>
<th>Customer</th>
<th>Student/s</th>
<th>Year &amp; Class</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Tax Receipt**  
*Book #…… Rcpt #……*

**Date …………**

---

### Uniform Price List

<table>
<thead>
<tr>
<th>Item</th>
<th>Sizes</th>
<th>qty</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hats - Microfibre (code: 791BUCHMTM-J) Qty</td>
<td>XS-S</td>
<td>$10.50</td>
<td></td>
</tr>
<tr>
<td>Hats - Microfibre (code: 791BUCHMTM-SM) Qty</td>
<td>S-M</td>
<td>$10.50</td>
<td></td>
</tr>
<tr>
<td>Jumpers (code: 791WPRN-SNR) Qty</td>
<td>S8, S10, S12, S14, S16</td>
<td>$21.00</td>
<td></td>
</tr>
<tr>
<td>J4, J6, J8, J10</td>
<td>$12.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Junior School (code: 791WPRN-JSR) Qty</td>
<td>S5, S8, S10, S12, S14</td>
<td>$18.50</td>
<td></td>
</tr>
<tr>
<td>Shirt Round Neck Yellow (code: 791SSL5SNR) Qty</td>
<td>J4, J6, J8, J10</td>
<td>$15.50</td>
<td></td>
</tr>
<tr>
<td>100 cm chest</td>
<td>S10</td>
<td>$6.00</td>
<td></td>
</tr>
<tr>
<td>Junior School (code: 791SSL5SNR) Qty</td>
<td>J4, J6, J8, J10</td>
<td>$15.50</td>
<td></td>
</tr>
<tr>
<td>Shirt Polo: Long Sleeve Quantity</td>
<td>S8, S10, S12, S16</td>
<td>$12.00</td>
<td></td>
</tr>
<tr>
<td>Shorts Rugger (Size: 791SSLR) Qty</td>
<td>J4, J6, J8, J10</td>
<td>$24.00</td>
<td></td>
</tr>
<tr>
<td>Skirt - new line 2014 (code: 791SKT068) Quantity</td>
<td>2, 4, 6, 8, 10, 12, 14</td>
<td>$21.00</td>
<td></td>
</tr>
<tr>
<td>2nd Hand uniforms</td>
<td>J4, J6, J8, J10</td>
<td>$24.00</td>
<td></td>
</tr>
</tbody>
</table>

---

**Payment:** by cash or cheque to “Westminster Primary School P&C”  
**Total:** $ **

(Sorry no EFTPOS or Credit Cards)  
**Cash Received:** $

**Direct Deposit Available**  
Commonwealth Bank of Australia  
BSB: 096 137 Account #: 1014 1010

**Method of Payment:** Cash/Cheque/Bank Transfer  
**Total Due:** $

**Change Required/Credit:** $

---

Note: We sell all uniforms at just above cost.

Note: WPS P&C is not registered for GST purposes - no GST shown.

(circle one)

---

Westminster Junior Primary School Newsletter • Issue 3 • 8th March 2016